

BRSU Health Curriculum: K-2 Violence & Injury Prevention

Enduring Understandings:

- **There are safe behaviors that affect all aspects of health.**
- **We all have the right to protect our bodies from inappropriate touch.**

<p>CORE CONCEPTS</p> <ul style="list-style-type: none"> • Identify safety hazards at home and at school (e.g., classroom, playground, hallways, stairwells, etc.) • Identify ways to be safe around water • Identify ways to be safe as a pedestrian • Explain the importance of using safety belts and booster seats in cars • Distinguish between the appropriate safety equipment for various physical activities (e.g., skiing, biking, skateboarding) • Explain safe behaviors when getting on and off and when riding a school bus • Recognize dangers of firearms in the home • Identify ways to reduce risk of injuries in case of fire • Distinguish between appropriate and inappropriate touch • Explain that inappropriate touches should be reported to a trusted adult • Discuss why it is not a child’s fault if someone touches him/her in an inappropriate way • Recognize different emotions • Explain ways to demonstrate respect to others regardless of their ability or appearance 	<p>INTERPERSONAL COMMUNICATION</p> <ul style="list-style-type: none"> • Demonstrate what to say when calling 911 or other emergency numbers • Demonstrate ability to identify physical address and phone number(s) • Demonstrate ways to ask an adult for help about an unsafe situation • Demonstrate verbal and nonverbal ways to refuse or report inappropriate touch
<p>HEALTHY CHOICES/SELF MANAGEMENT</p> <ul style="list-style-type: none"> • List healthy ways to express emotions • Identify examples of self control • Practice the ability to respect the personal space and boundaries of self and others 	<p>ADVOCACY</p> <ul style="list-style-type: none"> • Explain that everyone has a right to tell others not to touch his/her body • Explain what to do if someone is being teased
<p>GOAL SETTING AND DECISION MAKING</p> <p>N/A</p>	<p>ANALYZING INFLUENCES</p> <p>N/A</p>
<p>ACCESSING INFORMATION</p> <p>N/A</p>	<p>POTENTIAL ACTIVITIES/RESOURCES</p>

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